

# TASTE THE SEASON'S BEST!

# JULY

								
APPLES	ARUGULA	ASPARAGUS	BEETS	BLUEBERRIES (WILD)	CABBAGE	CAULIFLOWER	CELERY	CHERRIES (SWEET)
								
CHERRIES (TART)	COLLARDS	CRANBERRIES	CUCUMBERS (FIELD)	CUCUMBERS (GREENHOUSE)	CURRANTS	GARLIC	HASKAP BERRIES	HERBS
								
HONEY	HOPS	KALE	LETTUCE	MAPLE SYRUP	MICROGREENS	MUSHROOMS	ONIONS	PEAS
								
PEPPERS (FIELD)	PEPPERS (GREENHOUSE)	POTATOES	RADISHES	RASPBERRIES	RHUBARB	RUTABAGA	SEABUCKTHORN BERRIES	SPINACH
								
STRAWBERRIES	STRING BEANS	SWISS CHARD	TOMATOES (GREENHOUSE)	TURNIPS	ZUCCHINI			



BUY LOCAL  FOR GOOD

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